

# IPAF Harness Use and Inspection



**Course Duration:** ½ Day

## **Aim and Objectives:**

To instruct delegates to select, inspect and safely use a harness, lanyard and associated equipment when using a MEWP (Mobile Elevating Work Platform).

At the end of the course candidates will:

- Be aware of the relevant health and safety regulations
- Be aware of the needs with regard to personnel protection equipment (PPE) against falls from height and the relevant requirements
- Be able to identify and select the correct form of PPE against falls from height when using a MEWP
- Be able to inspect and maintain a harness and lanyard
- Be able to fit and use the harness and lanyard identified

## **Course Content:**

- Introduction and housekeeping
- Aims and objectives
- Legislation
- Hierarchy of measures for selection of PPE for work at height
- MEWPS and harnesses, boom and vertical type machines
- Harness and lanyard choice
- Pre-use checks
- Correct use of harness, to include practical session
- IPAF harness statement on use of harnesses in MEWPs
- Theory test
- Course review and questions

## **Price per Person:**

£145.00 per person + £30.00 IPAF registration fee = £175.00 per person + VAT

## **Pre-Requisites for Candidates:**

No formal qualifications or experience are necessary. Delegates do not have to have previously completed IPAF operator training, but LTC Training Services Ltd would strongly recommend that any delegates who will be operating MEWPs are properly trained by attending the IPAF operator training course (see our IPAF operator training course description for further information).

Literacy and language comprehension are important requirements on all courses.

Any physical impairment or literacy issues should be discussed with LTC Training Services Ltd prior to making a booking so we can best accommodate your needs.

## **Training Location Options:**

We offer this course from both our Devon and Cornwall training centres as well as giving customers the option to hold training on site at a location of their choice (subject to the proposed venue having a suitable classroom facility and any other necessary facilities and equipment required for this course). Please contact us for further details.

## **Course Start Time:**

All courses unless agreed otherwise will commence at 8.15am.

## **Certification:**

Certificates are included in the cost of this course and are produced by IPAF (candidates who already hold an IPAF 'PAL' card having previously completed operator training will also have their PAL card endorsed). We must allow 10 working days for delivery. They will be forwarded to the customer once payment has been received in full. The training is valid for 5 years.

**Equipment:**

Candidates are not required to bring any special equipment. Writing materials will be provided.

**Lunch and Refreshment Facilities:**

A lunch (e.g. baguette/sandwich and crisps) is included at no extra cost. Water, tea, coffee, fridge and microwave facilities are also available in our canteen for your use free of charge.

Unfortunately we are not able to provide lunches when training is carried out on-site.

**Accommodation and Transport:**

Candidates are required to organise and pay for their own accommodation and transport should it be required. A list of local accommodation can be provided on request.

**Number of Candidates per Course:**

Maximum of 10

**Refresher Training:**

LTC Training Services Ltd recommend that candidates re-attend this course every 5 years to ensure they are aware of current legislation and procedures and to maintain their IPAF harness use and inspection qualification.

(Date of latest revision: 4<sup>th</sup> January 2018)