

# The Safe Use and Inspection of Ladders

## Course Duration: Short Duration Course

### Aim and Objectives:

To provide training in the safe use and inspection of ladders, the course is aimed at improving knowledge and enhancing ability to use the equipment safely in accordance with Working at Height Regulations 2005.

By the end of the course delegates will:

- Have an awareness of current legislation
- Understand the principles of risk assessments and the five steps
- Understand the basic principles for the safe use of ladders, step ladders and fixed ladders
- Explain the functions of named parts
- Have the knowledge to identify various common defects of the ladders, step ladders and fixed ladders
- Carry out routine inspections

### Course Content:

- Introduction and housekeeping
- Aims and objectives
- Definition of a competent person
- Legal overview
- Definition of working at heights
- Defining a safe place of work
- Identifying the various equipment on site and their principle uses
- Common defects found with ladders, step ladders and fixed ladders
- Practical element/the right equipment for the job
- Storing equipment
- Multi-choice question paper
- Course review

### Price per Person:

£99.00 per person + VAT

### Pre-Requisites for Candidates:

No formal qualifications or experience are necessary, but it would be beneficial if candidates had a basic understanding of work at height issues. Literacy and language comprehension are important requirements on all courses.

Any physical impairment or literacy issues should be discussed with LTC Training Services Ltd prior to making a booking so we can best accommodate your needs.

### Training Location Options:

We offer this course from both our Devon and Cornwall training centres as well as giving customers the option to hold training on site at a location of their choice (subject to the proposed venue having a suitable classroom facility and any other necessary facilities required for this course). Please contact us for further details.

### Course Start Time:

All courses unless agreed otherwise will commence at 8:15am or 1:15pm

### Certification:

Certificates are included in the cost of this course and are produced by LTC Training Services Ltd. They will be forwarded to the customer once payment has been received in full and are valid for 3 years.

**Equipment:**

Candidates are not required to bring any special equipment. Writing materials will be provided.

**Lunch and Refreshment Facilities:**

Lunches will not be provided. However water, tea, coffee, fridge and microwave facilities are available in our canteen for use your use free of charge.

**Accommodation and Transport:**

Candidates are required to organise and pay for their own accommodation and transport should it be required. A list of local accommodation can be provided on request.

**Number of Candidates per Course:**

A maximum of 12

**Refresher Training:**

LTC Training Services Ltd recommend that candidates re-attend this course every 3 years to ensure they are aware of current legislation and procedures.

(Date of latest revision: 1<sup>st</sup> January 2020)