

# PASMA Work at Height (Essentials)



## **Course Duration:**

Half Day Course

## **Who will benefit from this course:**

Anyone who is involved in work at height, particularly those who are new to working at height.

## **Aim and Objectives:**

This course is aimed at the work at height novice and explains the concepts and terminology of working at height, preventing falls and the hierarchy of measures.

## **Course Content:**

- Introduction and housekeeping
- Aims and objectives
- Current Legislation, Regulations and Guidance affecting work at height
- Competent Person
- Industry Training Bodies
- Group Exercise

## **Pre-Requisites for Candidates:**

No qualifications or experience are required for this course.

## **Literacy, Fitness & Health (Extract from the PASMA Code of Practice):**

Since the safe use of mobile access towers requires that delegates consult safety notices and read and thoroughly understand the manufacturer's instruction manual, literacy and language comprehension are important requirements for any tower user.

If delegates have any problems with literacy or language comprehension.

Any physical impairment or literacy issues should be discussed with LTC Training Services Ltd prior to making a booking so we can best accommodate your needs.

## **Assessment Method:**

Candidates must correctly answer at least 80% (24 out of 30) of the 30 questions asked in the multiple-choice theory test paper. Closed book.

Candidates who do not successfully complete the Written Test Paper shall be advised of the reason(s) for the failure by the Instructor and shall be required to retake the training course in entirety at a later date.

## **Supporting Documents:**

A course content and notes booklet and a current Code of Practice booklet will be issued to all candidates who attend the course.

## **Training Location Options:**

We offer this course from both our Devon and Cornwall training centres as well as giving customers the option to hold training on site at a location of their choice (subject to the proposed venue having a suitable classroom facility and any other necessary facilities required for this course). Please contact us for further details.

**Course Start Time:**

All courses unless agreed otherwise will commence at 8.15am.

**Certification:**

Certificates and cards are included in the cost of this course and are produced by PASMA. We must allow 10 working days for delivery. They will be forwarded to the customer once payment has been received in full. The training is valid for 5 years.

**Equipment:**

Candidates are not required to bring any special equipment. Writing materials will be provided.

**Lunch and Refreshment Facilities:**

Lunches will not be provided. However water, tea, coffee, fridge and microwave facilities are available in our canteen for your use free of charge.

**Accommodation and Transport:**

Candidates are required to organise and pay for their own accommodation and transport should it be required. A list of local accommodation can be provided on request.

**Number of Candidates per Course:**

A maximum of 12

**Refresher Training:**

LTC Training Services Ltd recommend that candidates re-attend this course every 5 years to ensure they are aware of current legislation and procedures.

(Date of latest revision: 1<sup>st</sup> January 2021)