

CITB Site Supervisor Safety Training Scheme (SSSTS) Refresher



Course Duration: 1 Day

This one-day course is for candidates who have previously passed the full two-day Site Supervisors Safety Training Scheme (SSSTS) or subsequent one-day refresher course (proof of previous attendance is required).

The course aims to bring their Health and Safety knowledge up-to-date, as well as giving a thorough overview of legislative changes and their impact in the workplace. The course includes a wide range of topics which have been affected by changes to procedures, and builds upon the material in the original course.

Aims:

To help site supervisors to:

- Supervise health and safety on site in accordance with current legal provisions and within the context of their role
- Develop an understanding of responsibility and accountability for site health, safety and welfare of workers on site
- Recognise that a safe site is efficient, economical, productive and environmentally friendly

Learning outcomes:

Delegates taking the SSSTS refresher course will have an overview of the learning outcomes listed below by the end of the course:

- Introductions and objectives
- Health and safety law
- Construction (Design and Management) Regulation 2015
- Health and safety management systems
- Risk assessments and method statements
- Statutory inspections and checks
- Reporting accidents, injuries and ill health
- Leadership and worker engagement
- Health and welfare of the workforce
- First aid and emergency procedures
- Hazardous substances
- Asbestos
- Dust and fumes
- Noise and vibration
- Manual handling
- Site set up and security
- Fire prevention and control
- Electricity
- Plant and work equipment
- Lifting operations and lifting equipment
- Working at heights
- Excavations
- Underground and overhead services
- Confined spaces
- Temporary works

Learning outcomes cont'd:

- Environmental awareness
- Pollution
- Waste Materials
- Nuisance
- Examination
- Course Review/ Closure

Course Publication:

The course publications are the GE706 Construction Site Supervision and GT700 Tool Box Talks publications. Copies are included in the course fee and should be retained by candidates for future reference.

Pre-Requisites for Candidates:

It is a CITB requirement that all delegates attending Site Safety Plus courses **MUST** bring some form of photographic identification with them on the day of the course (or prior to the examination for courses of more than 1 day).

Where identification evidence is not provided by the delegate, they will be refused attendance on the course.

The refresher course is only for candidates who have previously passed the two-day Site Supervision Safety Training Scheme (SSSTS) course and can provide proof of successful attendance (unless previous training was completed at LTC Training Services Ltd, in which case we will have a copy on record).

Candidates must take a SSSTS Refresher course **before** their existing certificate expires, otherwise the full SSSTS course will have to be taken again.

Delegates should be competent in English literacy, numeracy and language comprehension.

Any physical impairment or literacy issues should be discussed with LTC Training Services Ltd prior to making a booking so we can best accommodate your needs.

Training Location Options:

We offer this course from our Devon and Cornwall training centres as well as giving customers the option to hold training on site at a location of their choice (subject to minimum candidate numbers and the proposed venue having a suitable classroom facility and any other necessary facilities required for this course). Please contact us for further details.

Course Start Time:

Course starts at 8.15am and finish at approximately 5.00pm.

Certification:

Certificates are included in the cost of this course and are produced by CSkills Awards.

CITB announced that from 7th December 2020 all Site Safety Plus certificates will be sent to Training providers as digital PDF's. For all SSP courses, the default delivery method for certificates will now be digital, meaning hard copy certificates will not be sent.

We must allow up to 10 working days for production. They will be forwarded to the customer once payment has been received in full. Certificates are valid for 5 years.

Refresher Training:

Although certificates are valid for five years, due to continuing changes in legislation, technology, environmental management and cultural behaviour, it is recommended that the SSSTS 1 Day Refresher course is undertaken within three years of completing the original SSSTS course.

Equipment:

Candidates are not required to bring any special equipment. Writing materials will be provided.

Lunch and Refreshment Facilities:

A lunch (e.g. baguette/sandwich and crisps) is included at no extra cost. Water, tea, coffee, fridge and microwave facilities are also available in our canteen for your use free of charge.

Unfortunately, we are not able to provide lunches when training is carried out on-site.

Accommodation and Transport:

Candidates are required to organise and pay for their own accommodation and transport should it be required. A list of local accommodation can be provided on request.

Number of Candidates per Course:

A maximum of 20

(Please Note: CITB Rules state that courses must have a minimum of 4 candidates due to the practical exercises involved)

CITB Grants:

LTC Training Services can claim £70.00 per candidate providing you have a CITB LEVY number.

Suggested Follow on and Complementary Courses:

This course is an ideal foundation for obtaining a basic understanding of health and safety duties and responsibilities for junior management, and upon successful completion of this course, a natural progression would be the Site Management Safety Training Scheme (SMSTS) Course.

(Date of latest revision: 17th April 2024)