

CITB Health and Safety Awareness



Course Duration: 1 Day

This course is for those who have entered, or are about to enter the construction and civil engineering industry as a member of the workforce, and is designed to aid the understanding potential hazards the construction worker may face on site.

It provides a practical summary of health and safety, welfare and environmental issues. It identifies the delegate's responsibilities for looking after themselves and others, outlines the employer's duties and explains what should be done if the worker thinks that anyone's health and safety is being put at risk.

The course is an ideal foundation for those wishing to obtain an industry site card.

It is also an alternative route to the QCF Level 1 award in health and safety in a construction environment for the CSCS labourer's card.

Please Note: You will need to complete this course (in addition to completing a CITB Health, Safety & Environmental touch-screen test) if you wish to apply for a new CSCS green labourer card. It is recommended that you attend the CITB H&S awareness course first, as it will assist you with the touch-screen test.

(Please see the website for further details <https://www.cscs.uk.com/applying-for-cards/types-of-cards/>)

Aim:

The course aims to ensure that individual responsibilities of the worker are understood:

- Why they are carrying out their identified duties
- What is expected of them while on site
- To ensure that they contribute to the safety of the workplace

Learning outcomes:

Delegates taking this course listed below by the end of the course should be able to achieve all of the learning outcomes:

- Aims and objectives
- Legal and general responsibilities
- Accident reporting and recording
- Health and welfare
- First aid and emergency procedures
- Personal protective equipment
- Asbestos
- Respiratory hazards
- Noise and vibration
- Hazardous substances
- Manual handling
- Safety signs
- Fire prevention and control
- Electrical safety, work equipment and hand-held tools
- Mobile plant and site vehicles
- Lifting operations and equipment
- Working at height
- Excavations
- Confined spaces
- Environmental awareness

Course Publication:

The course publication is the pocket-sized Safe Start Safety Handbook GE707. A copy is included in the course fee and publications should be retained by candidates for future reference.

The handbook has also been written to assist operatives sitting the CITB-Construction Skills Health, Safety and Environmental Test.

Pre-Requisites for Candidates:

It is a CITB requirement that all delegates attending Site Safety Plus courses MUST bring some form of photographic identification with them on the day of the course (or prior to the examination for courses of more than 1 day).

Where identification evidence is not provided by the delegate, they will be refused attendance on the course

No formal qualifications or experience are necessary.

Literacy, language comprehension and numeracy are important requirements on all courses.

Any physical impairment or literacy issues should be discussed with LTC Training Services Ltd prior to making a booking so we can best accommodate your needs.

Training Location Options:

We offer this course from our Devon and Cornwall training centres as well as giving customers the option to hold training on site at a location of their choice (subject to minimum candidate numbers and the proposed venue having a suitable classroom facility and any other necessary facilities required for this course). Please contact us for further details.

Course Start Time:

Course starts at 8.15am and finishes at approximately 5.00pm.

Certification:

Certificates are included in the cost of this course and are produced by C Skills Awards.

CITB announced that from 7th December 2020 all Site Safety Plus certificates will be sent to training providers as digital PDF's. For all SSP courses, the default delivery method for certificates will now be digital, meaning hard copy certificates will not be sent.

We must allow up to 10 working days for production. They will be forwarded to the customer once payment has been received in full. Certificates are valid for 5 years.

Refresher Training:

There is no refresher available for the one-day Health and Safety Awareness course. Candidates will be expected to attend a new course prior to their certificate expiring.

Equipment:

Candidates are not required to bring any special equipment. Writing materials will be provided.

Lunch and Refreshment Facilities:

A lunch (e.g. baguette/sandwich and crisps) is included at no extra cost. Water, tea, coffee, fridge and microwave facilities are also available in our canteen for your use free of charge.

Unfortunately, we are not able to provide lunches when training is carried out on-site.

Accommodation and Transport:

Candidates are required to organise and pay for their own accommodation and transport should it be required. A list of local accommodation can be provided on request.

Number of Candidates per Course:

A maximum of 20

(Please Note: CITB Rules state that courses must have a minimum of 3 candidates)

CITB Grants:

LTC Training Services can claim £60.00 per candidate providing you have a CITB LEVY number.

Suggested Follow on and Complementary Courses:

This course is an ideal introduction for obtaining a basic understanding of health and safety duties and responsibilities, and becoming aware of hazards and risks on site.

Upon successful completion of this course, a natural progression would be the Site Supervisor Safety Training Scheme (SSSTS) course.

Existing site managers, agents, surveyors and persons holding positions of managerial control should attend the Site Management Safety Training Scheme (SMSTS) course.

(Date of latest revision: 17th April 2024)