

## **CISRS Scaffolding Part 1**



### **Course Duration: 2 Weeks**

The law requires that any individual wishing to erect, alter or dismantle scaffolding must be able to prove their competency. The industry-wide accepted proof of competency for operatives is to hold a CISRS scaffolder card.

The CISRS Scaffolding part 1 course is suitable for adult trainees who want to work towards achieving a CISRS scaffolder card and level 2 NVQ diploma in accessing operations and rigging (construction) scaffolding. Following completion of the part 1 course operatives will have been trained to erect and dismantle basic scaffolds as listed below. Training providers are now required to apply for a CISRS trainee scaffolder card (or have their existing trainee card endorsed) once they have passed a construction skills health, safety and environmental test. Following completion of the course operatives will need to gain a minimum of 6 months scaffolding experience before attending the CISRS scaffolding part 2 course also held at LTC Training Services Ltd.

Candidates must also attend and successfully complete the CISRS 1 Days Skills Assessment and level 2 NVQ Diploma in Accessing Operations and Rigging (Construction) Scaffolding as certificates for all of these elements of training will be required when applying for a CISRS scaffolder card – all of which can be completed at LTC Training Services Ltd.

***See the CISRS Training Flow Chart or contact us for further information.***

To be eligible to apply for this card, candidates must successfully complete the following elements of training;

1. CISRS Scaffolding Part 1 course
2. CISRS Scaffolding Part 2 course
3. Level 2 NVQ Diploma in Accessing Operations and Rigging (Construction) Scaffolding
4. CISRS 1 Day Skills Assessment

Certification for all of the above courses will need to be attached to your CISRS scaffolder card application form for it to be issued. See the relevant course descriptions and our training route flowchart for further information.

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### **Aims and Objectives:**

The part 1 course is designed to train suitable candidates to the objectives approved by CISRS in the safe erection, alteration and dismantling of the following types of scaffolds:

- Independent
- Independent with return
- Mobile aluminium towers
- Static tower
- Putlog scaffold and staircase
- Birdcage

By the end of the course delegates will be trained to:

- Select, inspect and erect scaffolding structures up to 3 lifts (6m)
- Interpret and apply relevant current regulations and codes of practice
- Select and inspect scaffold materials for their serviceability
- Select the correct quantity and type of components required

### **Course Content:**

- Health and safety awareness
- Instruction/training SG4:22
- Ladder access to scaffolds
- Manual handling
- Interpretation of drawings
- Tie methods and TG4:19
- Erection/dismantle of independent access scaffold
- Erection/dismantle of birdcage scaffolds
- Erection/dismantle static tower scaffolds
- Erection/dismantle of putlog scaffolds and staircases
- Alterations to scaffolds
- Theory and practical application of gin wheels
- Mobile access towers
- 50 question test paper
- Review of course

### **Pre-requisites for Candidates:**

Since the 1<sup>st</sup> March 2024 Candidates must hold a valid CISRS Scaffold Labourer card for a minimum of 3 months before attending the Part 1 course. We will require a copy of their CISRS Card (or registration number) for verification purposes prior to the candidate booking their course.

Candidates must also have a minimum of 3 months practical experience of scaffolding operations (e.g., Labouring, carrying out simple scaffolding operations under the direct supervision of a qualified scaffolder). Candidates must also complete and return to LTC Training Services Ltd a health questionnaire (must be returned 21 days prior to starting the course).

Literacy and language comprehension are important requirements on all courses. Any physical impairment or literacy issues should be discussed with LTC Training Services Ltd prior to making a booking so we can best accommodate your needs.

### **Training Location Options:**

Due to the nature of this training course i.e. that it involves the physical erection of live scaffold structures it is held only in our CISRS Accredited Training Centre located at our head office in Plymouth, Devon.

### **Course Start Time:**

Course starts at 8.00am and finishes at approximately 5.00pm each day.

### **Certification:**

Certificates are included in the cost of this course and are produced by LTC Training Services Ltd. They will be forwarded to the customer once payment has been received in full. The certification for this course has no expiry date.

**Equipment:**

You will be required to wear PPE (Personal Protective Equipment) during the practical aspects of your course. LTC Training Services Ltd will provide you with a harness and lanyard for your use during training. You will be required to bring with you your own hard hat, safety boots, high visibility vest, gloves and tools (1 x 7/16 swingover spanner, 1 x belt and frog, 1 x level and 1 x tape measure).

**Lunch and Refreshment Facilities:**

Lunches will not be provided. However water, tea, coffee, fridge and microwave facilities are available in our canteen for your use free of charge.

**Accommodation and Transport:**

Candidates are required to organise and pay for their own accommodation and transport should it be required. A list of local accommodation can be provided on request.

**Number of Candidates per Course:**

A maximum of 9

**CITB Grants:**

LTC Training Services can claim £500 back for you if you have a CITB LEVY number

(Date of latest revision: 22<sup>nd</sup> March 2024)