

# CISRS Scaffold Inspection (SITS) Basic



## Course Duration: 3 Day

### Aims and Objectives:

This BSITS (Basic Scaffold Inspection Training Scheme) course is intended to give attendees such knowledge so as to enable them to understand how to inspect basic and some simple designed scaffolding structures in traditional tube and fittings in accordance with the Work at Height Regulations 2005 and scaffolding industry best practice.

The overall aim is to develop in trainees an understanding of scaffold components, forms of construction and inspection procedures of the aforementioned scaffold structures.

At the end of the course delegates should be able to:

- Identify and inspect tubes, fittings, boards, ladders, gin wheels, ropes etc.
- State the main requirements of the Health & Safety at Work Act 1974, the Work at Heights Regulations 2005 and codes of practice relating to scaffolding.
- Identify the construction requirements common to all scaffolds to include: -
  - Foundations
  - Scaffold framework
  - TG20 compliant scaffolds and permissible additions
  - Working Platforms, handrails and toeboards
  - Safe Access and egress
  - Carry out inspections and fault identification on access scaffolds
  - Complete and maintain reports in accordance with current statutory provision.

### Course Content:

- Introduction and welcome
- Course scope, aims and objectives
- Legal overview
- Inspections/hand-over procedures/ scaff tag system
- Reports
- European Standards (BS EN 12811)
- N.A.S.C guidance document SG4:22
- Working at Heights Regulations 2005
- Health and Safety At Work Act 1974
- Scaffold components/materials
- Scaffold terminology
- Design appreciation
- Means of access and Egress
- Gin wheels and ropes
- Scaffold foundations
- Scaffold ties
- TG20 compliant scaffolds (e.g. basic independent tied and putlog scaffolds, bridging with beams, protection fans, freestanding towers, lift shaft towers, ladder access towers, birdcages, loading bays and chimney stack scaffolds)

The successful achievement of the above training objectives will be demonstrated using the following assessment methods:

- Theory test to assess trainees comprehension of course
- Practical scaffolding inspections

### **Pre-requisites for Candidates:**

This course is intended for persons responsible for inspecting and checking basic tube and fitting scaffolds. In order to attend this course CISRS will require delegates to have awareness and experience of scaffolding structures, which would have come from time spent in their individual industry sector e.g. construction, engineering, manufacturing, petrochemical, oil and gas etc. Those meeting one of the following criteria will be accepted onto the course

1. Delegates that hold a current CISRS Scaffolder card
2. Delegates holds a current CISRS Advanced Scaffolder card
3. Delegates holds a current CISRS Scaffolding Supervisor card
4. Delegates that hold a current or expired CISRS Basic Inspection card and is attending the course in order to renew their card
5. Individuals not holding an eligible CISRS card, detailed above, wishing to attend the course will be required to complete a CISRS BSITS Delegate Entry Check Form confirming a minimum of 2 years of experience in their role.
6. Please note individuals holding CISRS Labourer, Trainee and BASE cards will not be deemed eligible to attend a CISRS Basic SITS course, unless they are involved in any of the job roles listed below.

Examples of acceptable roles are:

- Scaffold Designer
- Contracts Manager
- Engineer
- Site Agent/Manager
- H&S Manager
- HSE Inspector
- Scaffolding Inspector who has previously attended a non CISRS Scaffold Inspection/Awareness course at least 2 years before the start of the CISRS Basic SITS course.

Delegates who do not have any previous knowledge or experience of scaffolding will not be eligible to attend this course. Individuals in this position would be advised to consider attending a general scaffold appreciation/awareness course and then obtain the required experience and/or qualifications as outlined above prior to committing to inspection training.

Literacy and language comprehension are important requirements on all courses. Any physical impairment or literacy issues should be discussed with LTC Training Services Ltd prior to making a booking so we can best accommodate your needs.

### **Health and Safety Test/Exemption:**

Delegates must have successfully completed a CITB Health and Safety and Environment Test within 2 years prior to attending the CISRS BSITS course or alternatively hold an accepted Health and Safety exemption.

### **Training Location Options:**

Plymouth, Redruth and Cullompton. This course can also be offered onsite, please call for details.

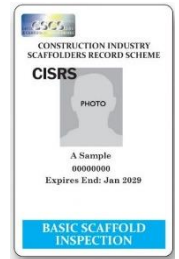
### **Course Start Time:**

Course starts at 8.15am and finish at approximately 5.00pm each day.

### **Certification and CISRS SITS Cards:**

Candidates who successfully complete the CISRS basic scaffold inspection course will be issued with a CISRS certificate of attendance as a record of their training.

LTC Training Services Ltd will also apply for candidates CISRS BSITS cards. **Candidates must ensure they bring with them their completed card application form and a valid health and safety test pass or exemption certificate (as per the list on the application form).**



Cards will be valid for 5 years from the date the training course was completed.

**Please note that this CISRS course provides the delegate with the necessary knowledge to inspect Basic Structures. It is his/her employer's responsibility to demonstrate that the delegate has subsequently gained the relevant practical experience following the course before he/she can be deemed competent.**

### **Construction Skills Health and Safety Tests:**

All CISRS recognised health, safety and environmental tests and exemptions are deemed valid for CISRS SITS applications. Exemptions are as follows;

Those listed below must be completed within 2 years of the date of application.

- IOSH Working Safely/IOSH Managing Safely/IOSH Directing Safely/SHE For Constructors Workers/Safety Health & Environment for Construction Site Managers
- NEBOSH (General/Construction/International) H&S Certificate
- SMSTS Certificate
- SSSTS Certificate
- Site Safety Plus HSA
- GQA Level 1 Award in Construction Health and Safety

Current copies of the following qualifications will be accepted:

- Current CCNSG Safety Passport (SCATS)
- Current CCNSG Leading a Team Safely (SCATS)
- Current MIST/BOSIET/OPITO Approved Offshore Certificate
- SOLAS Safe Pass

Please note that a copy of candidate's certification must be provided and attached to their card application form to qualify for a health and safety exemption.

Health and safety tests can be booked via the Construction Skills website [www.cskills.org](http://www.cskills.org) or by telephone on 0344 994 4488.

Please also note that health, safety and environmental tests are valid for 2 years from the pass date of the test. Please be aware that CISRS/CSCS cards are valid for 5 years so holding a valid card does not necessarily mean your health and safety is still valid. Please ensure you check and re-take the health and safety test if required.

### **Equipment:**

You will be required to wear PPE (Personal Protective Equipment) during the practical aspects of your course. Please bring your own hard hat, safety boots and high vis vest.

**Lunch and Refreshment Facilities:**

Lunch is included at no extra cost. Water, tea, coffee, fridge and microwave facilities are also available in our canteen for your use free of charge.

**Accommodation and Transport:**

Candidates are required to organise and pay for their own accommodation and transport should it be required. A list of local accommodation can be provided on request.

**Number of Candidates per Course:**

A maximum of 12

**CITB Grants:**

LTC Training Services can claim £140.00 per candidate providing you have a CITB LEVY number

**Suggested Follow on and Complementary Courses:**

Delegates will be required to complete refresher SITS training on a 5 year cycle. This will take the form of attending/repeating the current 3 Day SITS courses (3 day basic or 2 day advanced).

Those delegates who received a 5 year CISRS BSITS card based upon retrospective training will be required to attend/repeat the current SITS course (basic or advanced) in order to renew their card.

Delegates must hold a valid Construction Skills health and safety test before cards can be renewed.

(Date of latest revision: 22<sup>nd</sup> March 2024)